

# Looking UP

TRI-COUNTY INTERGROUP NEWSLETTER - JUNE 2011

## Stepping out with Friends



Sculpture by sandy feet <http://www.sandyfeet.com/>

### Passing on the Message and finding a Daily Reprieve

*"Upon stepping into the room I felt a sense of being home... I knew I had made the right decision in reaching out and that here it was safe."*

*Group member since 10/2009*

When feeling safe is the theme of the comments from members, you know that you have found a place that is truly special. We know that all OA meetings are special and that very special things take place each and every time two or more gather to find the daily solution to this grave disease. At the **Daily Reprieve Group in Euless, Texas** that is the ever-present feeling found in the room each Saturday at noon and it is something you can take home with you to help guide and support your week.

The months fill each meeting with AA Big Book, OA Brown Book, AA and OA 12X12 Studies and the year continually takes the group through the wonders of our 12 Steps to Abstinence. So come on over and visit Daily Reprieve. Pull up a chair and maybe celebrate with us over coins and hugs.

This group was started in 2007 to fill a need for OA in the Euless, TX area. Spread by word of mouth, on-line and through Intergroup this new group took hold and rooted in The United Memorial Methodist Church on Euless Main Street. The "read and share format" from the first moments of the group's founding was based upon inclusion and growing pains have not troubled the group.

### 2011 TRI-COUNTY INTERGROUP BOARD

Chairperson: Gwenne G.  
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Delegate: Lucy  
Alternate: Billie. S.

Tri-County Intergroup  
Group # 09163  
PO Box 14324  
Arlington, TX 76094

Monthly Intergroup minutes  
are available at  
[www.aa-tricounty.org](http://www.aa-tricounty.org)

Tri-County Information  
Line  
817-303-2888

Looking Up is a monthly publication of the OA Tri-County Intergroup. The opinions expressed here are those of the author and not of OA Tri-County Intergroup or OA as a whole. Editor reserves the right to edit material submitted.

*OA Responsibility  
Pledge:*

*Always to extend the  
hand and heart of OA to  
all who share my  
compulsion, for this, I am  
responsible.*

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The group's name, Daily Reprieve, reflects a feeling of taking a break from the general turmoil of life in a safe setting. This name continues to represent the inner focus of the group. The members will go to other meetings on a "group outing", attend conventions and other meetings, and support members by attending where they are speaking. But come Saturday there is a warm feeling of wanting to be home and with their wonderful family of fellows on the journey of abstinence.

This reporter was given the wonderful opportunity to interview one of the founding members. She simply shined with the joy of participating in a group that started in love and has maintained its commitment to acceptance throughout its young life. As many of the members attest, the message of love and acceptance has been the watchword of the group's conscience.

As their trusted servant sees the journey, "I don't think that OA has changed much since my first meeting. At the end of the day what happens at the top of the organization is not nearly as important as what happens in the individual groups. Keeping things simple keeps the message pure and undiluted by distractions. The core of our group is acceptance and support. Judgment is left at the door."

Or as the last words in our introduction to OA say - *Welcome home.*

Our Intergroup Roving Reporter would like to schedule an interview with your group. Please email *Looking Up* at [newsletter@oa-tricounty.org](mailto:newsletter@oa-tricounty.org) or call Bill at 817-355-1816

Your Intergroup Roving Reporter

## The Walk Part 7 - I Become

From the earliest moments of childhood it was the butterfly stories that captured the center of my being - the slow and ugly caterpillar one day transforming into a beautiful butterfly. Disney played out the fantasy in so many wonderful and diverse adventures. I let my mind and heart wander in a world I could never attain.

Life brought many challenges and eventual scars but it was in failing at life that the mystery of the butterfly finally opened to me.

In transforming myself I found the peace I sought. In allowing my HP's guidance I found the joy I imagined in those wonderful tales of childhood. The Steps provide a logical and real way to transform. To become what I always wanted to be!

So there is true clarity in this message, let me start with this important statement. Many travel this life without the need for disease and find the transformative power and peace of their Higher Power's vision for them. I have not been given a special life - I have been made whole in my life.

To gain a true perspective on the 10th and 11th Steps we need to write for ourselves a small fairy tale - *The Adventure of the Mirror*. We need to reflect on our day based upon our life before and our life now. I agree that the old life is in the past and the burdens we carried were put down long ago but this is a fairytale and needs an antagonist...

<b>Topic:</b> Sponsorship
<b>Date:</b> Saturday June 4th
<b>Location:</b> South Hills Christian Church
<b>Time:</b> 1-4 PM
<b>Lead by Zeb F.</b> <a href="mailto:zmaster64@live.com">zmaster64@live.com</a> 816-695-8171
A guiding hand sharing the message of our wonderful program so that anyone can find freedom from compulsion
<b>Open to anyone interested in Sponsorship</b> <b>Bring AA Big Book and AA 12 &amp; 12</b>



# Looking UP

*Today fear took center stage in my life as both job and finances assaulted my castle. I raised the drawbridge but I reached out to a fellow knight and asked his help by talking with me about silly things while the dark fear pounded at my castle walls. The day came to a close and a shining star appeared in the sky washing away the last of the fearful assault. This battle was over and I had friends on the journey to thank, along with my Higher Power.*

I can still write or at least imagine how I would have handled this in days past. Running to food and striking out at those I love. I would have run from the castle and abandoned the good I was doing in life to find a way to hide from the reality of my life. And I would have once again failed.

Here is the point. I do not do Step 10 or Step 11 out of fear of failing. I do them out of the joy of being. The life I have found in the Steps is so wonderful that it exceeds my childhood fantasies, and now each day I celebrate this wonderful adventure by seeing the continuing Power of my HP and the joy of transforming.

I found the transformative peace of being one with my Higher Power. Now each day is not a chore to remain healthy but a marvelous continuing tale of the butterfly. I am free.

Anonymous

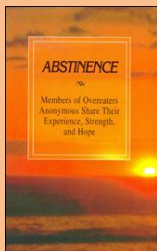
## Tri-County Intergroup Traveling Tape Library

*Make sure you ask your  
Intergroup Representative  
about this exciting new service!*

### In Gratitude for continuing Support

We have gratefully received donations  
from the following groups:

**Daily Reprieve - Euless  
St. John's  
Fort Worth - King of Glory  
Granbury / Acton**



*Take our Retreat Survey*

*Don't Forget to take the  
Tri-County Intergroup  
Retreat Survey.*

**<http://www.aa-tricounty.org/>  
Your Opinion Counts**

*The Survey will close at midnight June 15th  
Winners of give-away will be announced after the  
July Intergroup Meeting  
Your Tri-County Intergroup*



# Looking UP

## Tri-County Intergroup OVEREATERS ANONYMOUS MEETINGS

Day & Time	City-Group Name - Address	Subject	Contact	Contact Phone	
MONDAY	6:15 PM	<b>Granbury / Acton</b> Acton United Methodist Church, Adult Education Building, Room 202A 3433 Fall Creek Hwy (Hwy 167S) Granbury, TX 76049		Leah	817-219-2393
	6:00 PM	<b>Waco</b> St. Alban's Episcopal Church 305 North 30th Street, Waco, TX 76710	Big Book Study	(pager)	254-260-1258
MONDAY	7:00 PM	<b>Arlington - Trinity</b> Trinity United Methodist Church, Wesley House 3216 West Park Row Drive, Arlington, TX 76013	Abstinence	Billie	817-460-3083
MONDAY	7:30 PM	<b>Fort Worth - South Hills</b> South Hills Christian Church 3200 Bilglade Road, Fort Worth, TX 76133	Literature: Step / Tradition of the Month	Happy	817-370-7207
TUESDAY	Noon	<b>Fort Worth - South Hills</b> South Hills Christian Church 3200 Bilglade Road, Fort Worth, TX 76133	Reading & Writing: Big Book	Happy	817-370-7207
TUESDAY	6:00 PM	<b>Stephenville - Cross Timbers</b> First Presbyterian Church 13023 N Harbin Drive, Stephenville, TX 76401	Literature / Topic	Pat	254-485-0921
TUESDAY	7:30 PM	<b>Fort Worth - OAPP - South Hills</b> South Hills Christian Church 3200 Bilglade Road, Fort Worth, TX 76133	Big Book Study	Zeb	816-695-8171
WEDNESDAY	Noon	<b>Fort Worth - King of Glory</b> King of Glory Lutheran Church 1659 Sandy Lane @ Brentwood Stair, Fort Worth, TX 76112	Literature: Step / Tradition of the Month	Lucy	817-275-0144
WEDNESDAY	7:00 PM	<b>Tarrant County - Men's Group</b> Ste 608, Radio Shack Shopping Center 4105 State Highway 121 @ Cheek-Sparger, Bedford, TX 76021	Men's Meeting	Keith	817-692-1641
WEDNESDAY	7:30 PM	<b>Arlington - Trinity</b> Trinity United Methodist Church, Wesley House 3216 West Park Row Drive, Arlington, TX 76013	HOW Closed meeting	Billie	817-460-3083
THURSDAY	6:45 PM	<b>Fort Worth - Bethel HOW</b> Bethel Methodist Church (corner of Southwest Blvd. & Vickery) 5000 Southwest Blvd., Fort Worth, TX 76013	HOW	Patrice	817-692-7180
THURSDAY	7:30 PM	<b>Fort Worth - South Hills</b> South Hills Christian Church 3200 Bilglade Road, Fort Worth, TX 76133	Big Book Awakening	Happy	817-370-7207
SATURDAY	9:00 AM	<b>Fort Worth - South Hills</b> South Hills Christian Church 3200 Bilglade Road, Fort Worth, TX 76133	OA Workbook	Happy	817-370-7207
SATURDAY	Noon	<b>Arlington - Trinity</b> Trinity United Methodist Church, Wesley House 3216 West Park Row Drive, Arlington, TX 76013	Literature	Billie	817-460-3083
SATURDAY	Noon	<b>Eules</b> United Memorial Methodist Church 1401 N. Main Street, Eules, TX 76039	Step Study / Big Book	Amanda	817-776-3030
SUNDAY	4:15 PM	<b>Fort Worth - Primary Purpose</b> Pantego Bible Church, Room 103 8001 Anderson Blvd. Fort Worth, TX 76120	Literature	Rena	817-905-0613
SUNDAY	4:30 PM	<b>Fort Worth - South Hills</b> South Hills Christian Church 3200 Bilglade Road, Fort Worth, TX 76133	Writing, Steps and Literature	Karen or Chrystyna	817-370-2055 214- 202-6993

Tri-County Intergroup meets at 10:30 am the first Saturday of every month, Trinity United Methodist Church, 3216 West Park Row Drive, Arlington, TX 76013 in "Wesley House"

last change 5/19/11